Kathleen Sullivan – Mind Controlled Slave

Posted on 2017, April, 22

Trigger Warning – pictures and text are disturbing

Kathleen Sullivan’s book *Unshackled*, about her life as a mind controlled slave is less well known than Cathy O’Briens and Brice Taylor’s books on mind control. It should not be.

It is a true story of a girl abused and mind controlled by torture and trauma since a baby, by her father, various US secret services and covert personnel and institutions.

Kathleen’s mind was shattered into over a thousand alters, many of which were black ops and assassination alters.

My post on Fiona Bartlett – *My Story Fiona Barnett – “Hang on for the Ride”* [9] which comprised pictures that she had drawn in therapy is extremely popular, partly I think because it crosses any language barriers. This present post on Kathleen Sullivan includes the pictures Kathleen drew in therapy, which all come from her book *Unshackled* [2] pdf download [2a]

Further information from Kathleen can be found on her archived personal website [8] and her archived survivor help website *Parc-Vramc* [1].

Kathleen adopted the policy of not revealing names in her book, as the blowback was potentially too great, but she made a revealing comment after these articles, *The True Story about Mark Phillips* [6]. The articles make a good case that Mark Phillips, partner of Cathy O’Brien, who saved her – is actually her controller. Kathleen gives her experience of this and includes that Kissinger was one of her primary owners, along with the White House, the CIA and Robert Maxwell of Great Britain.

After the drawings in Appendix 1, I have also included lists of people and institutions who were involved in Mind Control which are from Kathleen Sullivan website archive *U.S. Government Human Research Project Lists: CIA’s MKULTRA and other related projects* [8b] There is a section on British involvement.

In Appendix 1 and 2 there is also information about people who worked for the False Memory Syndrome Foundation with some of their quotes from the above link and Kathleen Sullivan website archive *Head Games* [8a]

Kathleen Sullivan’s Drawings c 1990 from her therapy
After the Murder of Baby Rose

Fear clutched my heart as I held my baby girl tightly. I felt doom, although I didn't know why. When I looked at Dad again, he held out a large, sharp knife with a black handle, similar to the knife he'd used in rituals when I was a child, putting his hands over mine and forcing me to kill precious babies.

My mind short-circuited. Dad looked into my eyes and said, “If you don’t kill her, I will.” Instantly, a succession of ritually conditioned alterstates emerged. Each one frantically assessed the situation, trying to figure a way out. When one part saw no way out, that part went under and the next part came out.

They knew they could try to run with Rose to the distant houses and yell for help, but since Dad was a cross-country athlete, they couldn’t outdistance him. They could try to fight him, but he was much stronger, and where could they put the baby to keep him from hurting her in the struggle? And if he killed me or I killed myself, there was no telling what he’d do to her.

A mother-part emerged and stared at my baby’s sweet face. She tried to comfort herself with the knowledge that Rose would soon be with God in heaven, where He’d keep her safe and surrounded with His love. And even if it killed the mother-part, she was determined to be the one to do it with every ounce of love in her. She would not allow Dad’s cruel, filthy hands to touch Rose’s innocent body. She’d seen Dad rape baby girls to death. He was not going to do it to Rose! She’d kill her first, with love and gentleness. She wanted the love and reassurance in her own eyes to be the last thing Rose would see.

As she prepared to cut Rose’s carotid arteries, she felt such piercing pain, she realized she couldn’t go through with it. She couldn’t kill the most important person in her universe. When she submerged and a ritually conditioned child alter-state emerged, Dad noticed the shift and grinned. As he’d done so many times in the past, he put his right hand atop mine and forced it to cut Rose’s soft neck. I believe it was a mercy that the child alter-state didn’t recognize Rose as her child. Dad forced my hand to cut Rose’s carotid arteries, one at a time.

After the deed was done, the mother-part reemerged. She wanted to scream with wild grief as she saw the blood pulse and Rose’s precious eyes faded to dull, then black. She was losing her baby, dear God, she was losing her baby. As Rose’s eyes stopped seeing, she told herself, “She’s with God now. She’s safe.” But the dark pain of her baby’s leaving was unbearable.

She didn’t move as she watched Dad carry Rose by her ankles to keep from getting her blood on him. He wouldn’t allow the alter-state to bury
Rose. He said that since the baby came from my body, she was garbage. He put her precious body in a black, plastic garbage bag and threw it into a nearby commercial sized, metal dumpster.

**Dad clamped me to his saw table to torture me with electricity**

**Woman Ritualy Murdered by Dad**

**Dad with ritual robe and knife**

**Dad ritually killing boy atop me**

**Dolly/Dreia Ritualistic Energy Transfers**

Dolly, who also answered to the cult name Dreia, was developmentally stuck at the age of seven. Dad had taught occult beliefs to her that he’d said he had mostly gotten from the writings of the infamous British Satanist and intelligence operative, Aleister Crowley. Sometimes, Dad’s cult had met in a large old gray stone building in or near Reading. A thick, gray, granite altar, upon which babies were murdered, was in one of the rooms. Dad told Dolly that the most powerful life-energy was stored in the blood of babies because they hadn’t sinned yet. He said that a weaker but still effective life-force was stored in the semen of animals and humans. He seemed to believe that his body would never deteriorate or grow old if he continuously ingested both. He made Dolly do the same.

As Dolly tried to explain these beliefs to a nurse at Bethesda, she said that Dad acted as if he were a battery that needed to be recharged by blood and semen—either human or animal. In my sketchbook, she drew a succession of diagrams of hooded adult cult members positioned in and around the encircled hexagram. She drew pictures of the sequence of one ritual from beginning to end. Dolly was proud to have been an occult practitioner and wrote a page—with graphic illustrations—about the Magick that Dad had taught her during those rituals.

Eventually, Dolly felt the horror of what she’d been involved in as a child. Alone in the hospital bedroom, she frantically searched
for something to kill herself with. She tried to remove metal screws from a metal window frame to cut her wrists, but they wouldn’t come loose. She tried to escape by opening an emergency door—it didn’t budge.

There wasn’t any point of trying to walk out the building’s main door—the staff constantly checked with me and other clients to make sure that unfamiliar alter-states wouldn’t break and run if we strolled around the hospital grounds. Dolly was trapped with no way out, other than to talk and heal.

**Catalina channeling little Kathys rage**

**Catalina and Andreia – Dad beat man to death**

Andreia – Teenaged Part

Andreia recalled having watched Dad beat a male cult member to death in a ritual room in Pennsylvania. In the picture, the unconscious man hung by his wrists that were tied with a rope that was attached to a pulley Dad had previously fastened to the ceiling. (These were the same pulleys Dad used, when making me and other children hang from the ceiling in cages—sometimes for days.)

Andreia mourned the red-bearded man’s death. Although she’d been one of his sexual “partners” during orgies, he’d been kind to her. And because of what she’d seen Dad do when he lost control of his rage, Andreia feared her own anger and worried that her rage might go out of control and hurt others.

**Andreia – My Rainbow Programming**

**Renee – her part of the memory of Dad Ritually Murdering a female cult member**

During Friday night rituals, Dad had created Renee and then triggered her out by name. Each time, he had commanded her to sit naked on a wooden altar. The guilt of not being harmed, while being forced to watch Dad hurt other children and adults, had been unbearable. Renee still felt partly responsible for what was done to them because she was, after all, Dad’s daughter. She had also been conscious during a part of the New York City ritual. She provided more details about that event. Softhearted, Renee wept every time she emerged. She was so full of grief that she had
great difficulty speaking.

Renee wrote that she’d watched Dad commit several daytime murders of adult cult members in Pennsylvania. They were so gory and inhumane that Renee was convinced nobody could save her from Dad. He was all-powerful, not just at home, but even within the cult! Because he first accused each victim of having told outsiders about cult activities, Renee also believed she must never talk about what she’d witnessed.

Andreia Coffin Memories

Andreia remembered another terrible childhood memory and drew four sequential pictures of it. I was about six years old. It was a warm day; the grass was green and Andreia was clad in blue shorts and a red, short-sleeved T-shirt. At first, she stood near Dad and several other male cult members in a cemetery. She clearly felt helpless because in the first picture, in which she stood next to a deep dirt hole holding an unearthed coffin, she didn’t draw her legs or feet. She wrote, “They made me stand beside the coffin they put the dirt on the black cloth.”

In the second picture, she was lying on her back inside the open coffin, down in the hole. She drew her legs, but her hands and feet were still missing—signifying that she’d been unable to run or fight against the men.

She wrote, “They take the lady [fresh corpse] out and make me lay in the coffin and shut it. I pretend I am dead then they open it and put her back in on top of me. I will not draw that she has no head. This is just a bad dream. I will wake up soon. She has juices come out of her neck, they get on my face and hair and top. Bad Bad Bad. I am dead. No more bad things.”

The memory of the “juices” was, by far, the most gruesome part of the entire memory. It was beyond any horror I’d previously relived. Because I couldn’t stand the physical sensations and visual flashbacks, I called Bethesda and asked one of the nurses for help. She talked to Andreia and asked her to draw a closed coffin. On that page, Andreia wrote: “The lady told me to close my memory until I can see the doctor. Coffin U R Locked until I say so!”

Exactly one week after the memory first emerged, Andreia met with the therapist in his office. Having a supportive listener helped Andreia, tears and snot flowing, to survive the memory of the decapitated woman lying atop her, crushing her to where she could barely breathe.
At home that night, she drew a picture of the open coffin, with Andreia lying beneath the decapitated body that still wore a dress. Because young child Andreia was now blending and sharing information with me, and me with her, she now used grown-up words to explain the logic that had kept her sane: “Her body was there but her soul was gone. My body was there and my soul was still there too. She was dead but I was alive. Not the same! Who was she? Was she somebody important to them? What was the purpose in them doing this?” Underneath the picture, she wrote: “I got gooey stuff—slimy—on my face and hair and shirt. They took me to [a female cult member’s] house. She made me take a shower and she washed my clothes so no one would ever know.”

In this journal entry, Andreia seemed to be describing the trauma that had initially created her. Because her personality was like mine, and because she didn’t identify herself by a new name during that horror, Dad hadn’t realized that she wasn’t the host alter-state. I believe this is why Andreia was able to stay hidden from Dad for decades, conserving my sense of innate goodness and my ability to love.

**Gloria – Recurring Childhood Nightmare**

**Gloria – tortured by Dad with Cattle Prod**

Teenaged Gloria held my grief over a fetus that Dad had forced me to abort and then ingest during a ritual, when I was a teenager. She held other memories, too. She was the female I had seen in the bathroom mirror in recurring childhood nightmares. During each of those dreams, I was unable to cover my ears or turn away as she screamed. I’ve never forgotten waking up from these nightmares, drenched with sweat, praying that I wouldn’t see the screaming lady again in my sleep.

When Gloria drew pictures of her experiences in my sketch pad, I finally learned why she had screamed in the nightmares. Dad had bound her to a wooden cross and had vaginally tortured her with a cattle prod. Gloria seemed to compartmentalize my blackest rage and my strongest memories of physical pain.

**Margaret Bed of Nails**
Margaret tortured by Fire

A child part that Dad had named Margaret was my only fully analgesic alter-state. Because she’d been created through torture paired with hypnosis, she was able to block out all physical pain. Margaret had stopped developing, mentally and emotionally, at the age of nine. One day at home, Margaret proved to me that she could feel no pain if injured. She took control of the body while I watched (at those times, I visualized my body as a vehicle; the dominant alter-state “drove” while I observed from the “back seat”). She pushed a fairly large sewing needle through the web of skin between my left thumb and index finger. As long as she had control of the body and I just watched, I felt no pain at all; neither did she. When she receded and I regained full control of the body, however, I felt the pain. I was in awe.

Margaret drew several pictures of childhood torture sessions. She wrote about a gray-haired man she’d known as a “pain giver.” He had spoken kindly to her while he’d done the most awful things. His gentle voice and demeanor had been crucial in helping Margaret to dissociate completely from the pain he’d inflicted. By focusing on his voice, she totally blocked out what he did to the body.

In one picture, Margaret drew a picture of him holding the flame of a lit candle under my left arm’s soft flesh. She wrote, “Old Man Gray har [sic] likes me.” The cognitive dissonance created by what he was doing, as opposed to his presenting himself as a caring person, was mind-splitting. Suppressing her fear and horror, Margaret emotionally attached to the torturer. He was much kinder in his face and voice than Dad had ever been.

During another “test,” Margaret noted that Dad seemed fascinated as he stood silently, watching. First, the older man threw a live cat on a bed of nails that were affixed to a large wooden board that had been set on the floor, the points of the long nails sticking straight up. The cat screeched loudly as it scrambled off, bleeding. Then the older man told Margaret to lie on her back. When she obeyed, she felt no pain. As he examined her back afterwards, he said, “Very impressive,” and commented on the absence of blood. Dad seemed pleased, which added to Margaret’s sense of pride.

The older sadist’s final act was to dislocate all the fingers on one of my hands. Again, Margaret felt nothing. The torturer popped each digit back into place, telling Margaret that she had “passed the test.” Again she felt proud.

The ability to block out pain when injured, and to trance so that I didn’t bleed, was crucial when I was sent into dangerous situations as an adult. I was made to believe that if I was disabled by any injury, my handlers
would kill me. Since I wanted to stay alive, I tranced to stop any bleeding. I didn’t want them to notice an injury and kill me!

**Melissa Aged 8 Split off Dick Tracey Alter State**

Triggered by the robes, I developed a new part, Melissa, that was able to remember both the rituals and portions of my experiences in this big building.

Knowing that Melissa couldn’t express her rage directly at the blackrobed men, Dad pointed at the “bum” and said, “Kill the bad man.” After he told the man to “start running,” Dad then handed Melissa either a large knife or a loaded handgun. He never ordered Melissa to go after more than one “bad man” per training session.

Because I loved reading Sunday morning comic strips, I created a new alter-state that split off from Melissa. Dick Tracy visualized himself wearing a black fedora and overcoat as he chased after each man, fully intending to end the bad man’s life. Each time he cornered the man, he brutally killed him. (I think this happened because: the rage made me unusually strong; the street people that Dad chose were probably weakened by malnutrition and debilitating alcoholism; and the shock of being attacked by an eight-year-old girl may have kept them from fighting back until it was too late. Knowing Dad’s bag of tricks, he may also have drugged them.) My Dick Tracey alter-state felt completely justified because Dad had said they were bad men.

**Marla was taught how to cut a body and remove organs. Annie shared consciousness**

Marla, an adult alter-state, wrote that when she was young, she’d been sent to “special classes” to learn how to dismember bodies. She wrote about a black liquid that had been poured into the stomach cavities by an adult male trainer. She’d been given black gloves with a red border around the wrists, and had used a special set of surgical tools kept in a black velvet-lined case. She wrote that she’d only emerged to dismember bodies after the victims were dead. She’d used “precise, scientific thinking and over-awareness of colors and artistic patterns of the bodies as coping mechanisms.” She had no noticeable emotions.
**Left Hand Writing** The drawing above has not reproduced in correct proportion. I leave it in to illustrate that when Kathleen wrote with her left hand, memories stored on the right side of her brain came out, instead of the usual memories.

**Group of child alters as diagrammed by a child part**
At home, Dad-the-engineer drew flowcharts of my “systems” of alterstates, leaving them on his easel in our upstairs screened-in porch. Because he drew the systems in code, only he and some of my alterstates understood what the charts represented. Those parts believed him when he told them he knew me better than I knew myself.

Although non-traumatic hypnosis could have effectively been used to control my mind, Dad clearly preferred using trauma-based programming to split it. To create a new system (group) of alter-states, he first triggered (called out) a primary alter-state that he’d previously created. When that alter-state emerged, he traumatized that alter-state, sometimes using electricity, until that part couldn’t take any more pain. That part “went under,” leaving another part of my mind conscious to endure the next trauma. Dad called this technique chain programming. He traumatized one alter-state after another, verbally assigning each one an individualized code name, until I stopped functioning altogether. When that happened, he knew he’d gone as far as he could. He’d start the next session on another day, again calling out a primary alter-state and then traumatizing that part to create another succession of linked alter-states and personality fragments.

Somehow, Dad knew that if a trauma was familiar, a previously conscious part would emerge that had coped with that type of trauma before. The only way he could create new alter-states and personality fragments was to expose me to traumas that I hadn’t yet learned how to cope with. Using this technique, Dad eventually created over a thousand alter-states and personality fragments in my shattered mind. He assigned each one a code name that was later used by him and other professional handlers to trigger them back out into consciousness. He also took me to spend time with other adults, allegedly working for the CIA, who used more sophisticated techniques to program and train many of these alter-states.

Through methodical manipulations via drugs, hypnosis, torture and training, it is possible to create a Manchurian Candidate; a programmable person with absolute obedience. There seems to be no limit to the complexity and ingenuity employed in this process. Handlers pick and choose alters, assign them duties, and give them their own set of memories, instructions, triggers, and fail-safe booby traps, to ensnare anyone attempting psychological reconstruction of the self. Once the ability to fragment has been established, other alters are cultivated to amplify their skills and taught how to best serve their master. Examples of controlled programming can be found among serial killers, mass murderers, and even terrorists whose “inexplicable” crimes explode in living color on our television screens.
These are some of the activities that my covert op programmed alterstates performed while under the control of professional handlers:

- Protection, body-guarding, and escorting
- Assassinations
- Hostage interventions and rescue
- Arms smuggling, including transportation of small rockets
- Bombings and sabotage
- Teaching children how use standard and makeshift weapons against mock adult attackers
- Kidnapping
- Taking out snipers
- Surveillance
- Torture and interrogation
- Clandestine photography
- Clandestine search of an organization’s files
- Killing assassin-programmed individuals who had gone out of control and were an imminent danger to those around them.

(Because they were so dissociated they felt no pain when injured, I was trained to kill them in a particularly gruesome way.)

Professional handlers used a succession of my pre-programmed covert op alter-states to successfully perform each operation. Afterwards, I was transported home with no memory of the event.

My black op (assassin) trained alter-states were even more specialized. Through hundreds of repetitive acts, each was conditioned to kill in at least one of the following ways: zip wire, gun, knife, or chemicals. Other methods were also used on certain ops. The zip wires were sometimes sewn into loosely-basted hems of garments, particularly blouses and jackets, with soft ends to protect my hands from being sliced through.

Each black op alter-state was trained to use at least one type of weapon. Some were also trained to select a certain number of objects or surfaces in any environment to use as makeshift weapons.

In the early 1990s, I was severely re-traumatized as I remembered the crimes that I’d been forced to commit. As I resuscitated the dead parts of my soul, I felt the immense emotions of pain, grief, and horror that I hadn’t felt during the actual ops.

Reversing Dads Guilt Messages

Appendix 1

Hospitals, Universities and Government Facilities involved in human experimentation

The information is from Kathleen Sullivan website archive U.S. Government Human Research Project
The following list is of hospitals, universities, and other facilities and organisations that were, in some way, involved in the hosting, funding, and/or enactment of government-sanctioned human experimentation in the past. This list is not intended to implicate any organizations or individuals connected to them, who neither condoned nor participated in harmful human research.

**British**

- Clifton Hospital, York
- Marlborough Day Hospital, Wiltshire
- Powick Hospital Malvern, Worcestershire
- Roffey Park, Lincolnshire

**Mainly US**

- Aero Medical Laboratory, Directorate of Research, Wright-Patterson Air Force Base, Ohio
- Air Force 657 1st Aeromedical Research Laboratory
- Allan Memorial Institute, Canada
- American Psychological Association
- Boston University School of Medicine, Massachusetts
- Army Chemical Corps
- Canada's Defense Research Board
- Central Intelligence Agency (CIA)
- Children's International Summer Villages, Inc., Maine
- Clifton Hospital, York, England
- Columbia University
- Commission on Viral Infections, Armed Forces Epidemiological Board, Office of the Surgeon General
- Cornell University, Cornell Medical Human Ecology Program
- Creedmore State Hospital, Children's Unit, Queen's Village, New York
- Dugway Proving Ground, Utah
- Edgware Arsenal
- Emory University, Atlanta, Georgia
- Florida State University
- Fort Benning, Georgia
- Fort Sam Houston
- Georgetown University Hospital, Washington DC
- George Washington University
- Geschickter Foundation
- Geschickter Fund for Medical Research
- Hanford Nuclear Facility, Richland, Washington
- Harvard Medical School, Massachusetts
- Hollywood Hospital, Vancouver, Canada
- House of the Good Shepherd, New York
- Human Ecology Foundation
- Ionia State Hospital
- Johns Hopkins University
- Leler University of Georgia
- Los Alamos
- Louisiana State Penitentiary
- Marlborough day hospital, Wiltshire, England
- Massachusetts General Hospital
- Massachusetts Institute of Technology (MIT)
- McGill University, Department of Psychiatry, Canada
- J. P. Morgan and Co., Inc.
- Montana State University
- Montreal Neurological Institute, Canada
- NASA
- New Jersey Neuropsychiatric Institute, Bureau of Neurology and Psychiatry
- New Jersey Neuropsychiatric Institute, Clinical Investigative Unit of the Bureau of Research
- New Jersey Reformatory at Bordentown
- New York State Department of Mental Hygiene
- New York State Psychiatric Institute
- New York University, New York
- New York University School of Medicine Committee on Human Experimentation
- Oak Ridge Institute of Nuclear Studies
- Oak Ridge National Laboratory
- Oak Ridge, Tennessee
- Office of Naval Research
- Ohio State Penitentiary at Columbus
- Penetas psychiatric Hospital, Oak Ridge Division, Penetanguishene, Ontario, Canada
- Powick Hospital, Malvern, Worcestershire, England
- Public Health Service
- Rand Corporation
- Roffey Park, Lincolnshire, England
- Rome State School, Rome, New York
- Scottish Rite Foundation
- Schizophrenia Research Foundation
- Scottish Rite Research Committee
- Society for the Investigation of Human Ecology
- Seventh Day Adventist Church
- Stanford Research Institute (SRI)
- Stanford University
- St. John's Orphan Asylum, New York
- Texas Research Institute of Mental Sciences (TRIMS), Houston, Texas
- Tulane University, New Orleans, Louisiana
- UCLA Violence Project
- University of Denver, Colorado
- University of Illinois
- University of Indiana
- University of Maryland
- University of Minnesota, Department of Psychiatry
- University of Oklahoma, Department of Psychiatry
- University of Pennsylvania
- University of Rochester, New York
- University of Texas
- U.S. Air Force
- U.S. Army
- U.S. Army Chemical Research and Development Laboratory, Edgware Arsenal
- U.S. Army Medical Research and Development Command
- U.S. Army Medical Research Institute of Infectious Diseases, Fort Detrick, Fredrick, Maryland
- U.S. Army Special Operations Division, Fort Detrick, Maryland
- U.S. Department of Defense
- U.S. Department of Energy
- U.S. Federal Penitentiary, Atlanta, Georgia
- U.S. Navy
- Utica...
Connected Individuals

The next list is of individuals who are documented to have either participated in or supported human experimentation, or to have worked closely in the past with those who did. The descriptions of any positions or affiliations are of those that were held in the past; they may not apply now.

Several of the listed individuals have openly testified about their past involvement in human experimentation; many others still refuse to acknowledge their connections. Some of the researchers who administered biochemical agents to subjects also administered it to themselves. Not all human experimentation was harmful to participants.

This list is not intended to incriminate any innocents who may be named along with perpetrators of civil rights violations. It is for educational purposes, only. Some of the named individuals who worked closely with government contractors, may not have been directly involved in human experimentation.

Member of the FMSF’s Scientific and Professional Advisory Board

# = 1995
+ = 2002

British

- Dr. Ewen Cameron
- Dr. William Sargant, British authority on brainwashing

Mainly US

Harold Abramson, M.D., MKULTRA contractor
Dr. William Ross Adey, brain electrode researcher

Erik Allardt, University of Helsinki, MKULTRA contractor, Dr. A. Ames, contractor to Office of Naval Research, created the Ames leaf room James A. Anderson
James Angleton, Chief of Counterintelligence Staff, CIA William Sinclair Augerson, M.D., Commander of the US Army Medical Research and Development Command Lieutenant Colonel Alexander Bahlin, Office of the Assistant Secretary of Defense (Research and Development)
Dr. Hassan Azima, psychiatrist at Allan Memorial Institute Lieutenant Colonel Alexander Bahlin, Office of the Assistant Secretary of Defense (Research and Development)
E. W. Demarr
A. J. Derbyshire, Director of the Utica Community Chest

Dr. Ewen Cameron, McGill University, Canada, CIA MKULTRA contractor Dr. Elliott T. Barker, President of the Canadian Society for the Prevention of Cruelty to Children Dr. Sidney Cohen William Boyd Cook, MKULTRA contractor Robert Cormack, Children's International Summer Villages Inc., MKULTRA contractor Cramer, colleague of Azima Melvin DeFleur, University of Indiana, MKULTRA contractor Dr. Jose Delgado, neurosurgeon, professor at Yale E. W. Demarr A. J. Derbyshire, Director of the Utica Community Chest George Devereux, Ph.D. Dr. Bruce Dill, Director of Medical Research at the US Army Chemical Research and Development Laboratory, Edgeware Arsenal David F. Dinges, Ph.D., co-author with Orne.

Quotes are from the FMSF Scientific and Professional Advisory Board – Profiles website, retrieved 7/2002.

False Memory Syndrome Foundation FMSF Advisory Board Members Employed by Above-listed Universities and Hospitals

Just for fun, I cross-referenced the Hospitals, Universities, and Facilities list with the employers of those listed in the FMSF’s advisory board (as of 7/02). I was curious to see how many of these professional members are connected to universities, hospitals and facilities that have histories connecting them to human experimentation. Please be aware that although some of the connections may be significant, others may just be coincidence.

Aaron T. Beck, M.D., D.M.S. – University of Pennsylvania, Philadelphia

David F. Dinges, Ph.D. – University of Pennsylvania, Philadelphia

Fred H. Frankel, MbCHb, DPM – Harvard University Medical School, MA

George K. Ganaway, M.D. – Emory University, Atlanta, GA

Henry Gleitman, Ph.D. – University of Pennsylvania, Philadelphia
A minimum of 29% of the advisory board members were employed by universities and hospitals that, according to CIA records, were involved in human experimentation. There are other members who have been been employed in the past, and there probably are other involved facilities that we do not have records on.

Of the 14 members who worked at these universities and hospitals as of 7/02, 43% were employed by the University of Pennsylvania (remember, Pamela Freyd claimed that the University of Pennsylvania and Johns Hopkins were instrumental in the formation of the FMSF) and 21% were employed by Harvard University. Dr. Paul McHugh’s employment at Johns Hopkins is significant, because he may have been instrumental in recruiting that university’s initial support in creating the FMSF.

The lists on this web page are compiled from Dr. Colin A. Ross’s book, Bluebird: Deliberate Creation of Multiple Personality By Psychiatrists. Manitou Communications, 2000.

The following books also provide pertinent information:


Appendix 2

Quotes from various researchers from Kathleen Sullivan website archive Head Games [8a]

Aaron T. Beck, M.D., D.M.S., University of Pennsylvania. “...known as the father of Cognitive Therapy’... Asked about the outlook for the repressed memory crisis, Dr. Beck replied: ‘I think it will fade away like historical episodes of mass hysteria.’”

This suggests that those who recover memory are hysterics. By convincing the public that we are mentally and/or emotionally unstable, such professionals hope that we will not be believed if we tell the truth about what was perpetrated against us.

Terence W. Campbell, Ph.D. “...a highly regarded lecturer, therapist, and teacher...called the attention of psychologists to the ‘blame-and-change’ maneuver in therapy...[he wrote] ‘Indicators of Child Sexual Abuse and Their Unreliability’, [he also wrote] ‘Beware the Talking Cure (1994), which discusses the hazards of irresponsible psychotherapy.”

Three FMSF tactics seem to be used here: 1) Awakening survivors are often accused of shifting the responsibility, the “blame”, for their problems on the people they claimed abused them – as if abuse doesn’t cause problems in their minds and lives. 2) Many of the FMSF’s spokespersons also go overboard in discrediting children’s memories of being sexually assaulted. 3) Some of them are fighting to ban “talk therapy” so that survivors cannot remember, or speak of, what has been done to them.

Rosalind Dymond Cartwright, Ph.D., Rush Presbyterian-St. Luke’s Medical Center. “Personal knowledge of a repressed-memory tragedy led Dr. Cartwright to join the FMSF board. ‘A friend and colleague had an adult daughter in therapy accuse him of childhood sexual abuse,’ she says. ‘It was my best judgment that this was unbelievable of the person I knew and could only been induced by the therapist.’”

Perhaps the real tragedy is that the man abused his child. This is a common pattern of behavior I’ve seen in some of the FMSF’s most outspoken members.

First, they say: “I believe the accused couldn’t have done it.” Then they insist that because they believe the accused is innocent, then he or she is innocent. Then they claim that their opinion of accused’s innocence “proves” that the alleged victim “fabricated false memories.” Then they expect everyone believe that, because they say the accused is innocent, he or she is. This process has been used repeatedly in books written by FMSF proponents who write about repressed memories and ritual abuse. They claim that the accused didn’t commit the alleged crime and/or they successfully testify for the accused in court, claiming that the alleged victim has “false memory syndrome.” Because the judge and/or jury doesn’t know that the syndrome is bogus, they believe that the victim’s memories are false. After the accused is found not guilty, they claim that the verdict “proves” that the accused was innocent. Then they use that “proof” to prove that recovered memories are false.
Frederick C. Crews, Ph.D. – University of California, Berkeley. “I see my role in the FMS controversy as a dual one...first I have repeatedly tried to draw the attention of intellectuals and educated general readers to the reality and the urgency of the epidemic itself. And second, I have been trying to show that the FMS virus, even if it subsides over the next several years, will only recur in some mutated form unless the water that it swims in is drained. By this I mean that the ‘psychodynamic’ model of the minds lends itself all too readily to demonological theories...”

When you figure this one out, please let me know. Hello, earth to Dr. Crews?

Robyn M. Dawes, Ph.D. – Carnegie Mellon University, PA. “...freely admits being ‘fired for insubordination’ from his post as vice-president of the Oregon Research Institute in 1974...Citing research in the field and his general knowledge of memory, Dr. Dawes declares: ‘I was quite dubious that these constructive memories of implausible events could be historically accurate.’”

“Implausible?” That’s his personal opinion, not fact.

George Kenneth Ganaway, M.D. – Emory University, GA. “‘Freud would be turning over in his grave,’ says Dr. Ganaway in discussing many of the current fad therapies being foisted on the public. In fact, Dr. Ganaway coined the word ‘McTherapy’ to describe what he calls the ‘fast foods psychotherapies of the 1980s and 1990s...I have emphasized a psychoanalytically-oriented approach to understanding and treating dissociative syndromes.’”

I love Dr. Ganaway’s audacity. How clever to recruit the help of a famous dead doctor he never met, by attributing a fabricated behavior to his corpse! And here is another tactic you’ll see over and over again, coming from the most disrespectful FMSF professionals. Ganaway calls modern psychotherapy “McTherapy” and “fast food” and “fad therapies.” (I wonder if tens of thousands of successfully recovering trauma survivors would agree.) By belittling his colleagues and downplaying the effectiveness of their techniques, Ganaway shames us into turning away from their help and believing that he must have a better way. What a salesman!

Martin Gardner – author and math wizard. “His latest book, from Weird Water to Fuzzy Logic...is mainly a collection of Gardner’s Skeptical Inquirer columns, including two he wrote about the false memory phenomenon. He continues to contribute to the Skeptical Inquirer, where his ‘Notes of a Fringe-Watcher’ column takes frequent potshots to the humbug surrounding junk science. Mr. Gardner holds out hope for dispelling the repressed memory bugaboo. Answering a recent inquiry, he said, ‘I think jurors, attorneys, judges, and media bigwigs are slowly becoming educated about the crisis.’”

Here we go again. Using unscientific labels to make legitimate therapy look like “junk,” distorting repressed memory into a crisis (it’s not, it’s been with us throughout history), a bugaboo, a false memory phenomenon. Such labels are constantly being introduced by Gardner and other FMSF advocates – particularly through the media. The uninformed public doesn’t know that they are being fed a steady diet of totally unprofessional, unscientific garbage.

Henry Gleitman, Ph.D. – University of Pennsylvania. “‘The class was just spellbound when he lectured.’ The speaker, a former student, was referring to Dr. Gleitman, a dedicated teacher who estimates he has performed his classroom magic for 25,000 students in the last 50 years’...Dr. Gleitman has viewed with concern the controversies surrounding psychotherapy, and particularly the repressed-memory conflict. Regarding repressed memories, Dr. Gleitman laments what he calls ‘the suspension of common sense,’ and appeals for a return to the ‘Yankee way of looking at things – Show me; prove it!’”

Spellbound? I thankfully am not. I am, however, confused. We’re to believe that accepting our recovered memories indicates a suspension of common sense, even though recovered memories are a regular and oft-proven event. But, but wait. You said it suspends common sense. So – if I believe in my memories that will not go away, I suspend common sense. That leaves only one reality – yours. How convenient! And you say, “show me.” Excuse me? No one owes you that.

Ernest R. Hilgard, Ph.D., N.A.S. – Stanford University, CA. “His first work, Conditioning and Learning, appeared in 1940 and soon became a classic. As his interest turned more and more to hypnosis, Dr. Hilgard published in 1965 Susceptibility to Hypnosis, one of three books on this subject.” “To Dr. Hilgard, the
Hypnotic process is ‘imaginative involvement,’ and thus, hypnotic subjects are liable to form pseudomemories.

Here’s another irony. The FMSF constantly claims that therapists are guilty of implanting “false memories” of childhood abuse in clients minds. But they are not willing to acknowledge that some of their own colleagues implanted false “screen” memories in their victims’ minds to block out what the victims really endured at their hands. Typical perp behavior: they must keep the focus turned outward, lest someone take a hard look at their own past actions.

John Hochman, M.D. – UCLA Medical School, CA. “A forceful writer and a respected researcher, Dr. Hochman refuses to mince words when he writes about the recovered memory issue. ‘Welcome to the strange world of memory recovery therapy ... This is pseudoscience ... The real message being sold by these new therapy messiahs is the ultimate crybaby solution to everyone’s pitiful human problems. It’s all someone else’s fault. Reminding readers of the inadequate training of most repressed-memory therapists, Dr. Hochman pointed out that the most widely-read book of the survivor movement ‘was written by two women with no formal training in memory, psychology or psychiatry’... He continues to devote considerable time to speaking and writing, frequently about ‘repressed’ memories, cult phenomena, and ‘multiple personality.’”

Like some of the others cited on this web page, Hochman was listed in Bluebird as having been involved in human experimentation. I wonder if he displayed the same attitude towards human subjects. If they cried from pain or stress, I wonder if he looked at them with disgust and anger and called them “crybabies, “pitiful,” or worse. Some psychiatrists have a vested interest in discrediting awakening trauma survivors. I wonder if Hochman is one. Another point: I’d much rather receive advice and support from an uneducated survivor in recovery, than from a professional who comes across as cold and condescending.

David S. Holmes, Ph.D. – University of Kansas. “Professor David Holmes first raised concerns about repression in 1974 when he reviewed the laboratory evidence and concluded that despite 60 years of research, there was no evidence for the concept...It was Holmes who suggested only half in jest that a ‘truth in packaging’ or ‘protective product warning’ should accompany the use of the concept: ‘Warning: The concept of repression has not been validated with experimental research and its use may be hazardous to the accurate interpretation of clinical behavior.’”

In the face of volumes of evidence that prove that ones theories are false, there’s only one thing left to do: deny, deny, deny. (For legit information about repressed memory, go to the NAPF web site and click on the “Memory Recovery” web page button.) Holmes claims that repression hasn’t been validated with experimental research. Actually, it has – especially by some of his seedier FMSF associates.

Robert A. Karlin, Ph.D. – Rutgers University, NJ. “...in 1974, Dr. Karlin’s early work focused on brain function, hypnosis, and the ability to hallucinate the absence of pain...By 1985, Dr. Karlin felt the battle was over, only to find he had been mistaken. ‘What had been a peripheral bother – ignorance by numbers of practicing clinicians about how memory and suggestion work – became a catastrophe as the recovered memory movement gathered steam’...As an example of ‘obvious nonsense,’ Dr. Karlin turns to what he calls ‘the epidemic of multiple personalities.’” True psychogenic amnesia is extraordinarily rare, ’he points out. ‘I have seen one case in over two decades of research and practice. Yet all of a sudden there were numerous cases of MPD where amnesiac barriers shifted from moment to moment in response to hypnotic suggestion...It was like hearing reports of people running the mile in two minutes; the organism does not work that way. It was clear for that and other reasons that MPD was not a defense mechanism employed by overwhelmed children, but a dramatic role maintained by the support of certain therapists and ‘self-help’ groups.”

Oh my. This one made my blood freeze. In 1974, Karlin “focused on brain function, hypnosis, and the ability to hallucinate the absence of pain.” Can you spell e-x-p-e-r-i-m-e-n-t-a-l-t-o-r-t-u-r-e? Dr. Karlin could be one of the professionals hiding behind the FMSF’s skirts while spewing scientifically unproven disinformation out of fear of former subjects who perhaps could remember and identify him in court some day. Or worse. Our recovered memory movement gained steam; he said it “became a catastrophe.” For him, I believe it truly is.

Harold I. Lief, M.D. – University of Pennsylvania. “As a member of the FMSF board, Dr. Lief notes several advances in the crusade against false accusations
If we accuse perpetrators based on our recovered memories, we're participating in a witch hunt against them, and that's unacceptable by FMSF standards. But it is acceptable for the FMSF to have a crusade against recovering victims (and their therapists). How bizarre.

Elizabeth Loftus, Ph.D. – University of Washington. Little in Elizabeth Loftus' early career suggested that she was destined to become a lightning rod in the gathering storm called the repressed-memory controversy...In the repressed-memory wars, she has become the most visible and vocal defender of those victimized by false memories of childhood sexual abuse...her view of the false-memory phenomenon, which she describes as a 'world-wide crisis.' No one should be surprised by Dr. Loftus' dedication in her recent book. It reads, 'Dedicated to the principles of science, which demand that any claim to 'truth' be accompanied by proof.'”

“Lightning rod?” How about glory-hound? After talking with three different female professionals who spent time in Loftus' presence and came away as new Loftus-worshippers (I kid you not), I've come to the reasonable conclusion that Loftus must crave attention. She also seems to enjoy testifying in behalf of accused defendants. To find out what the media (and the FMSF) fails to tell you about Loftus' most recent memory experiments and her seeming inability to respect the personal boundaries of others, use any search engine and type her name, and then “Lynn Crook” or “Jennifer Freyd.”

Paul R. McHugh, M.D. – Johns Hopkins University, MD. “I believe that this crisis will ultimately resolve, as all crazes do, to the shame of those who contributed to this injustice.’ With those words, Dr. McHugh summarizes the outlook for the repressed memory crisis, which first attracted his attention several years ago. Dr. McHugh has been outspoken in his opposition to the use of repressed memory therapy, declaring: ‘To treat for repressed memories without any effort at external validation is malpractice, pure and simple.’ On the subject of Multiple Personality Disorder, he flatly states: ‘MPD is a iatrogenic behavioral syndrome, promoted by suggestion and maintained by clinical attention, social consequences and group loyalties.”

McHugh’s name is in list #2. I’ve heard many horror stories about the Bourne Behavioral Research Laboratory that he set up at Cornell University, decades before recovered memory was considered controversial. I believe that because Orne and West are deceased, McHugh may have the most to lose if the memories of mind-control experimentation survivors (especially those with Dissociative Identity Disorder, formerly known as MPD) are taken seriously. I believe this is why he is so vocal in his attempts to discredit those with recovered memories. And I believe that he truly considers public acceptance of our recovered memories to be a crisis, as well as an injustice – to him? Perhaps time and additional documentation will tell.

Please note that victims of abuse may be triggered by reading this information. These links are generally UK based.

- The Sanctuary for the Abused [A] has advice on how to prevent triggers.
- National Association for People Abused in Childhood [B] has a freephone helpline and has links to local support groups.
- One in Four [C]
- Havoca [D].
- Jim Hoppers pages on Mindfulness [G] and Meditation [H] may be useful.
- Hwaairfan blog An Indigenous Australian Approach to Healing Trauma [J]
- Survivors UK for victims and survivors of male rape or the sexual abuse of men [K]
- Voicing CSA group [L] helps arrange survivors meetings in your area
- A Prescription for me blog Various emotional support links [M]
- ShatterBoys – “Male Survivors Of Childhood Sexual Abuse Inspiring change, Through Shared Experience
Whilst Building Connections...Together We Can Heal” [N]

Links


[5] gordon@gordonthomas.ie


[7] ??? http://ww1.aches-mc.org/?subid1=3c053416-18af-11e7-a8b0-d584ce0012bf


Sanctuary for the Abused  http://abusesanctuary.blogspot.co.uk/2006/07/for-survivors-coping-with-triggers-if.html

NAPAC  http://www.napac.org.uk/

One in Four  http://www.oneinfour.org.uk/

Havoca  http://www.havoca.org/HAVOCA_home.htm

SurvivorsJustice Triggers post  http://survivorsjustice.com/2014/02/26/triggers-what-are-they-and-how-do-we-work-through-them/

SurvivorsJustice Blog  http://survivorsjustice.com/

Jim Hopper Mindfulness  http://www.jimhopper.com/mindfulness/

Jim Hopper Meditation  http://www.jimhopper.com/mindfulness/#cultivate

2016 Jan 5 Hwaairfan blog  An Indigenous Australian Approach to Healing Trauma  https://hwaairfan.wordpress.com/2016/01/05/an-indigenous-australian-approach-to-healing-trauma/

Survivors UK website for victims and survivors of male rape or the sexual abuse of men  https://www.survivorsuk.org/  and twitter  https://twitter.com/SurvivorsUK

Voicing CSA website –  http://voicingcsa.uk/  helps arrange survivors meetings in your area. Voicing CSA supports the IICSA and VSCP and works to help adult survivors of child sexual abuse find their voice

A Prescription for me blog  Various emotional support links  https://aprescriptionforme.wordpress.com/help/#emotionalsupport

ShatterBoys -“Male Survivors Of Childhood Sexual Abuse Inspiring change, Through Shared Experience Whilst Building Connections...Together We Can Heal”. blog –  https://shatterboysuk.wordpress.com/  email – shatterboysuk@gmail.com  facebook –  https://www.facebook.com/shatterboysuk/?fref=ts  twitter – @Shatter_Boys_UK

This is all written in good faith but if there is anything that needs to be corrected or you wish to write to me please email kathleensullivan22apr17@cathyfox.33mail.com quoting the article title

the truth will out, the truth will shout, the truth will set us free

“The only thing necessary for the triumph of evil is that good men do nothing” – Edmund Burke

“He who does not bellow the truth when he knows the truth makes himself the accomplice of liars and forgers.” Charles Peguy